

MIND WARS | DESTROYING STRONGHOLDS
WAVE CHURCH SD | SEPT. 18, 2022

MOST OF LIFE'S BATTLES ARE WON OR LOST IN YOUR MIND

2 Corinthians 10:3-5 (NIV) ³For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

**OUR LIVES ARE ALWAYS MOVING IN THE DIRECTION
OF OUR STRONGEST THOUGHTS**

Proverbs 23:7 (ESV) For as he thinks in his heart, so he is...

THOUGHT AUDIT

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

YOU CANNOT HAVE A POSITIVE LIFE WITH A NEGATIVE MIND

QUESTION: If your life is always moving in the direction of your strongest thoughts, are you excited about where your thoughts are taking you?

Romans 12:1-2 (NIV) Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ²Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

THREE WAYS TO WIN THE BATTLE OF TOXIC THOUGHTS

1. IDENTIFY SATAN'S LIES THAT YOU'RE BELIEVING

- You can't defeat what you don't define

2. REPLACE THE LIES WITH GOD'S TRUTH

Matthew 4:1-11 (NLT)

3. TRAIN YOUR MIND WITH GOD'S TRUTH

2 Corinthians 5:17 (NLT) This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

John 8:32 (NIV) "If you hold to my teaching, you are really my disciples. ³²Then you will know the truth, and the truth will set you free."

2 Peter 1:3-4 (NLT) ³By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence. ⁴And because of his glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.