Prayer Exercise

Seeking God's Presence with a Worshipful Heart

Spend a few moments in silence, mediate on the reality of who your Heavenly Father is. He is holy, he is pure, he is bigger then you!

Seeking God's Priorities Over My Own

Ask God: Where have I placed my priorities over yours for my life? What does God bring to mind? With hands open quietly state each priory followed by "not my will but your will be done".

Seeking God's Provision For My Daily Needs

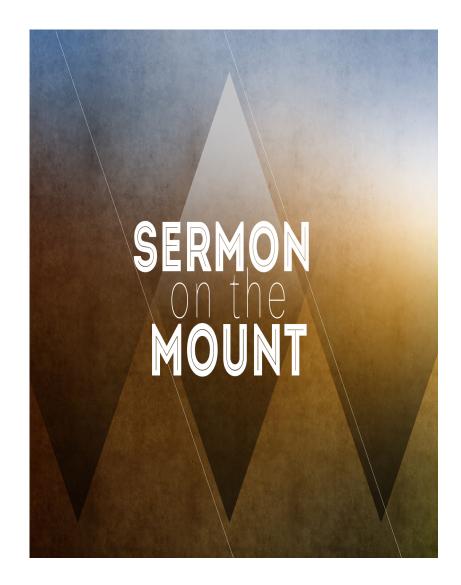
What needs do you have? Spend a moment reflecting on the truth that your Heavenly Father has provided all you have. One by one ask for your needs.

Seeking God's Pardon For My Sins

- Ask God: How have I sinned against you and others? Take a daily assessment. What does he bring to mind? Spend some time confessing each sin to your Heavenly Father.
- Ask God: Who has offended me lately? Who have I refused to give forgiveness to in my life? Who do I need to offer forgiveness too?

Seeking God's Power to Overcome My Temptations

Ask God: Where do I face the most temptation and struggle with sin? Spend some time asking for God's power & protection to overcome your struggle against sin.



Sunday July 5th, 2015 "Praying Like Jesus" Matthew 6:5-15

Sermon on the Mount "Praying Like Jesus" MATTHEW 6:5-15

The Sermon on the Mount is an invitation into Jesus' Kingdom:

- A Society where Jesus is King and we are not
- A Society where its citizens imitate and reflect the <u>Heart</u> of Jesus

3 Mistakes We Make

- 1. Our Prayers are to Small
- 2. Our Prayers are to General
- 3. We Give up to <u>Early</u>

Matthew 6:5-8

⁵ "And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. ⁶ But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you. ⁷ "And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. ⁸ Do not be like them, for your Father knows what you need before you ask him. ⁹

God responds to **RELATIONSHIP** not **RITUALS**.

FIVE THINGS TO SEEK IN PRAYER

1. SEEK GOD'S PRESENCE WITH A WORSHIPFUL HEART

Matthew 6:9 *Pray then like this: "Our Father in heaven, hallowed be your name.*

• hallowed: hagiazo (hag-ee-ad'-zo); holy, pure, set apart.

2. SEEK GOD'S PRIORITIES OVER YOUR OWN

Matthew 6:10 Your kingdom come, your will be done, on earth as it is in heaven.

- **Matthew 6:33** But seek first his kingdom and his righteousness, and all these things will be given to you as well.
- > The Purpose of Prayer is to <u>Surrender</u> our will not impose it

3. SEEK GOD'S PROVISION FOR YOUR DAILY NEEDS

Mathew 6:11 Give us today our daily bread

• **Philippians 4:19** And my God will meet all your needs according to his glorious riches in Christ Jesus.

4. SEEK GOD'S PARDON FOR YOUR SINS

Matthew 6:12 Forgive us our debts, as we also have forgiven our debtors...

• 1 John 1:9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Matthew 6:14-15 For if you forgive others their trespasses, your heavenly Father will also forgive you, ¹⁵ but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

> Forgiven People Forgive People

5. SEEK GOD'S POWER TO OVERCOME TEMPTATION

Matthew 6:13 And lead us not into temptation, but deliver us from evil.

• 1 Corinthians 10:13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.