

**Life Group Study Guide:** Loved what you heard on Sunday? Want to go deeper? The life group study guide will help you unpack what you heard on Sunday, while diving deeper into God's word.

**Connect:**

- *What are some bumper-sticker theology sayings that you have often heard? (Examples: God just wants you to be happy! Let go, let God!)*

**Dig Deeper:**

**Read 2 Corinthians 1:3-11**

- *What stands out to you from this passage of scripture? Give the Holy Spirit a moment to lead you to specific thoughts, words, or phrases. What insight, questions, or observations do you have? Write them down, and as a group try to answer them.*
- *Do you think the Apostle Paul would agree with the statement, "God will not give you more than you can handle?"*
- *How does Paul describe God in relation to his suffering?*
- *What theological truths is Paul trying to pass on to the Corinthians from the lessons he learned from his own season of suffering?*
- *What role did the Church play in Paul's season of suffering?*

**Making it Personal:**

- *What would you tell a young believer that was experiencing a season of suffering, and questioning why God would allow it?*
- *Have you ever experienced a trail that felt like it was more than you could handle? What helped you find comfort in that season?*
- *Why do you think Christians are drawn towards bumper-sticker theology? Short gimmicky sayings that are often not really true?*
- *Rather than offering a pithy word of comfort to those in our lives that are experiencing a trail, what might be a better way to offer love, encouragement, and comfort?*
- *On Sunday, Pastor Jason gave us three reasons why God will allow us to experience more than we can handle. Review those three reasons. Which one have you experienced recently?*
- *How has God's word encouraged you personally, through this study, or through Sunday's sermon?*