

UNSTUCK | BREAKING FREE FROM DISCONTENTMENT
WAVE CHURCH SD | JANUARY 8, 2023

BELIEVING "THE BEST IS YET TO COME" IS A FORMULA THAT
CREATES A LACK OF GRATITUDE AND DISCONTENTMENT

DON'T LET DISCONTENTMENT TAKE YOU
ON AN UNNECESSARY DETOUR

Number 11:1-6 (NLT) *Soon the people began to complain about their hardship, and the LORD heard everything they said. Then the LORD's anger blazed against them, and he sent a fire to rage among them, and he destroyed some of the people in the outskirts of the camp.*

² Then the people screamed to Moses for help, and when he prayed to the LORD, the fire stopped. ³ After that, the area was known as Taberah (which means "the place of burning"), because fire from the LORD had burned among them there.

⁴ Then the foreign rabble who were traveling with the Israelites began to crave the good things of Egypt.

And the people of Israel also began to complain. "Oh, for some meat!" they exclaimed. ⁵ "We remember the fish we used to eat for free in Egypt. And we had all the cucumbers, melons, leeks, onions, and garlic we wanted. ⁶ But now our appetites are gone. All we ever see is this manna!"

DISCONTENTMENT IS A SYMPTOM OF SOUL SICKNESS

Numbers 11:7-9 (NLT) ⁷ The manna looked like small coriander seeds, and it was pale yellow like gum resin. ⁸ The people would go out and gather it from the ground. They made flour by grinding it with hand mills or pounding it in mortars. Then they boiled it in a pot and made it into flat cakes. These cakes tasted like pastries baked with olive oil. ⁹ The manna came down on the camp with the dew during the night.

Numbers 11:10-12 (NLT) ¹⁰ Moses heard all the families standing in the doorways of their tents whining, and the LORD became extremely angry. Moses was also very aggravated. ¹¹ And Moses said to the LORD, "Why are you treating me, your servant, so harshly? Have mercy on me! What did I do to deserve the burden of all these people? ¹² Did I give birth to them? Did I bring them into the world? Why did you tell me to carry them in my arms like a mother carries a nursing baby?"

DISCONTENTMENT IS A SYMPTOM OF SPIRITUAL IMMATURITY

Numbers 11:13-15 (NLT) ¹³ Where am I supposed to get meat for all these people? They keep whining to me, saying, 'Give us meat to eat!' ¹⁴ I can't carry all these people by myself! The load is far too heavy! ¹⁵ If this is how you intend to treat me, just go ahead and kill me. Do me a favor and spare me this misery!"

DISCONTENTMENT IS NEVER PRIVATE. IT'S INFECTIOUS.

WHAT IS CONTENTMENT?

1 Timothy 6:6-8 (NLT) ⁶ Yet true godliness with contentment is itself great wealth. ⁷ After all, we brought nothing with us when we came into the world, and we can't take anything with us when we leave it. ⁸ So if we have enough food and clothing, let us be content.

CONTENTMENT IS BEING SATISFIED WITH GOD'S PROVISION
BECAUSE YOU ARE SATISFIED IN GOD HIMSELF

John 6:35-43 (NLT) ³⁵ Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty." ³⁶ But you haven't believed in me even though you have seen me. ⁴¹ Then the people began to murmur in disagreement because he had said, "I am the bread that came down from heaven." ⁴² They said, "Isn't this Jesus, the son of Joseph? We know his father and mother. How can he say, 'I came down from heaven'?" ⁴³ But Jesus replied, "Stop complaining about what I said."

CONTENTMENT IS A SPIRITUAL DISCIPLINE

Hebrews 12:7-12 (NLT) ⁷ As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father? ⁸ If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all. ⁹ Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the Father of our spirits, and live forever? ¹⁰ For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness. ¹¹ No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way. ¹² So take a new grip with your tired hands and strengthen your weak knees. ¹³ Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong.

HOW DO WE BECOME CONTENT IN GOD'S PROVISION?

➤ PRACTICE GRATITUDE WHEN WE DON'T FEEL IT

Psalm 63:1-5 (NLT)

¹ O God, you are my God;
I earnestly search for you.
My soul thirsts for you;
my whole body longs for you
in this parched and weary land
where there is no water.
² I have seen you in your sanctuary
and gazed upon your power and glory.
³ Your unfailing love is better than life itself;
how I praise you!
⁴ I will praise you as long as I live,
lifting up my hands to you in prayer.
⁵ You satisfy me more than the richest feast.
I will praise you with songs of joy.

➤ EVERY BLESSING NOT TURNED INTO PRAISE TURNS INTO PRIDE

➤ BLESSINGS NOT TURNED INTO PRAISE WILL OFTEN TURN INTO A CURSE UNLESS WE ARE CONTENT WITH GOD HIMSELF

Numbers 11:18-19 (NLT) ¹⁸ “And say to the people, ‘Purify yourselves, for tomorrow you will have meat to eat. You were whining, and the LORD heard you when you cried, “Oh, for some meat! We were better off in Egypt!” Now the LORD will give you meat, and you will have to eat it. ¹⁹ And it won’t be for just a day or two, or for five or ten or even twenty. ²⁰ You will eat it for a whole month until you gag and are sick of it. For you have rejected the LORD, who is here among you, and you have whined to him, saying, “Why did we ever leave Egypt?” ’ ”

CONTENTMENT MEDITATION EXERCISE:

INTO YOUR HANDS, I COMMIT MY _____